

Learning Styles Questionnaire

Read the statements and tick the box that is most like you. You can tick more than one box if applicable. When completed, count up your responses to see which type of learner you are. You might be mostly one or a mix of all.

Statement	A	B	C
1. When you are learning your times-tables, how do you remember the answers?	You look, then cover over the tables and try to picture them	You say the tables out loud.	You use your fingers or hands to help
2. You have a list of spellings to learn. What do you do?	You look hard at each word and remember what it looks like	You say each letter out loud again and again	You write the words over and over again
3. In a history lesson you are learning new facts. Which is the best for you?	Watching a video	Listening to a recording or radio programme explaining what happened	Taking part in a role-play and acting out what happened
4. You want to find out how an alarm clock works. What do you do?	You look at a diagram or a picture	You listen to a teacher telling you about it.	You take the object apart then put it back together again
5. In your English lesson you are learning a new story. How do you remember it?	You draw pictures or a mind map.	You tell the story to a friend.	You make up actions as you go over the story in your head
6. You want to learn a sport that you have never played before. Which way is best?	To watch a demonstration	To be told the instructions and repeat them back	You just go and do it
7. In a PE lesson you are learning a new move on a trampoline. What is best for you?	You look at diagrams of moves on flash cards	Your friend explains how to do it	You let the teacher support you through the movements so that you can feel how to do it
8. In a design lesson you need to learn how to use a new tool. How would you do that?	By watching someone else use it	By listening to your teacher explaining how to use it	By experimenting
9. You have made a cake before with help. This time you want to do it on your own. How do you do it?	You follow a recipe	You ask someone to tell you what to do	You just get started and remember what to do as you go along
10. You are learning to count in another language. What is best for you?	Looking at cards and posters	Singing the words	Playing a game with the words
11. If you have to learn a list of facts or things in order, which is easier?	You read over the list several times	You make up a song or a rhyme	You act or dance them in a sequence

12. In a science lesson you are learning about the different parts of a flower. How do you prefer to find out?	By looking at a diagram	By listening to your teacher telling you	By taking apart a flower
13. You need to remember a telephone number. What do you do?	Imagine the pattern of numbers in my head	Repeat the numbers out loud	Learn the pattern the numbers make on the keypad
14. How do you prefer to relax?	By watching TV or reading	By listening to music	By doing some sort of physical activity such as playing a sport or going for a walk
15. When you give someone directions how do you do it?	Draw a map	Tell them and repeat instructions	Point and use your hands to show the way
16. When you meet new people, how do you remember them?	Mostly by how they looked or what they were wearing	Mostly by what they said or their names	Mostly by things they did or how they made you feel
17. Having watched a film or TV programme, what do you remember most?	The scenes and what people looked like	What was said and the music	What happened and how the characters felt
18. If you want to work out how your friend is feeling, what do you do?	Look at the expression on their face	Listen to them	Notice their movements and posture
19. If you are trying to concentrate, what puts you off the most?	An untidy room	Noise	People moving around
20. If you are learning something on the computer, how do you prefer to do it?	By watching someone else do it	By listening to instructions	By trying it out yourself

Total

A (Visual) = _____

B (Auditory) = _____

C= (Kinaesthetic) = _____